

Golden Hours Senior Recreation Center

Important Dates

Classes

AARP Safe Driving—14th at 10:00
Stepping On -
7th, 14th, 21st @ 10:00
Grief Recovery
Wed. Session @ 6:00 -
2nd, 9th, 16th
Thurs. Session @ 12:30-
3rd, 10th, 17th, 24th

Special Events

Presentation— 1st at 11:30
Community Health Fair— 2nd at 10:00
Golf Tournament @El Monte— 8th
Tee Times start at 1:00 pm
Medicare Presentation— 10th at 11:30
Presentation— 16th at 11:30
Halloween Party— 31st at 11:30

Outdoor Events

Hiking Group

29th Street Trailhead— 8th @ 10:00
22nd Street Trailhead— 23rd @ 10:00

Social Opportunities

Coffee Talk w/ Byron-
1st & 15th at 10:30
Chocolate Factory Field Trip
11th at 9:00

Crafts

Wire Wrapping — 1st at 4:30
Sewing Project— 14th at 10:00
Pie & Paint— 18th at 10:00

October 2024

You're invited to

HALLOWEEN PARTY

CANDY, COSTUMES, &
MUSIC

Thursday **31** October
11:30 AM



Ogden
UTAH
Recreation

Save the Date:

Nov 6— Veteran's Breakfast
Nov 11— Center Closed (Veteran's Day)
Nov. 28— Center Closed (Thanksgiving)

Hours of Operation:

Mon-Thur 8am-8pm, Fri 8am-5pm (Closed holidays)

Become a Member

of Golden Hours Senior Recreation Center. Visit the front desk to
complete a membership form. \$5 monthly donation.

Located at:

650 25th St.
Ogden, UT 84401

Call Us: 801-629-8864

Find Us: www.ogdencity.com



Like Us: Golden Hours Senior Recreation Center



October 2024

Thrift Shop Hours Monday – Friday 9:30-1:30

For a list of class descriptions
please ask the front desk or
visit our website at

OgdenCity.com/GoldenHours



SCAN ME

Scan to see fun pictures of
our center and possibly
YOU!

Center Staff

Assistant Recreation Director

Ginger Myers

Staff:

Abbie Barker

GayLee Butterfield

Rodney Butterfield

Cora Chatlin

Helen Gallegos

Byron Garner

Kaylee Hadley

Tony Iseminger

Trevor Knotts

Monday	Tuesday
<p>Classes– Require registration</p> <p>Crafts– Require registration</p> <p>Hiking/ Walking</p> <p>Services– Require Registration</p> <p>Field Trips– Require Registration</p> <p>Events</p>	<p>1</p> <p>9-11 Crochet/Knitting group 10-2 Open Art Studio 10:30 Coffee Talk w/ Byron 11:30 Presentation 3:00 Balance and Fitness 3:30 Chair Yoga 4-8 Lapidary (<i>New students only, Reg Req.</i>) 4:30 Wire Wrapping</p>
<p>7</p> <p>CSFP Food Box Pick-Up</p> <p>9-4 Sewing 10-12 Stepping On Class 10:30-1:30 Pottery Open Studio 12:30 BINGO 1-4 American Western Mahjong 2-7:30 Pickleball (<i>all levels</i>) 4-8 Lapidary (open lab)</p>	<p>8</p> <p>9-11 Crochet/Knitting group 10-11 Zumba 10:00 Hiking @ 29th Street Trailhead 10-2 Open Art Studio 11:00 Golf Tournament Luncheon 3:00 Balance and Fitness 3:30 Chair Yoga 4-8 Lapidary (<i>Registration Required</i>) 6-7 Gay Men’s Support Group</p>
<p>14</p> <p>10:00 Sewing Project</p> <p>10-12 Stepping On Class 10:30-1:30 Pottery Open Studio 10-2:30 AARP Safe Driving Course 12:30 BINGO 1-4 American Western Mahjong 2-7:30 Pickleball (<i>all levels</i>) 4-8 Lapidary (open lab)</p>	<p>15</p> <p>9-11 Crochet/Knitting group 10-11 Zumba 10-2 Open Art Studio 10:30 Coffee Talk w/ Byron 3:00 Balance & Fitness 3:30 Chair Yoga 4-8 Lapidary (<i>Registration Required</i>)</p>
<p>21</p> <p>9-4 Sewing 10-12 Stepping On Class 10:30-1:30 Pottery Open Studio 12:30 BINGO 1-2:30 Alzheimer’s Support Group 1-4 American Western Mahjong 2-7:30 Pickleball (<i>all levels</i>) 4-8 Lapidary (open lab) 5:30-8 S.O.A.P. Group (LGBTQ+)</p>	<p>22</p> <p>9-11 Crochet/Knitting group 10-11 Zumba 10-2 Open Art Studio 3:00 Balance & Fitness 3:30 Chair Yoga 4-5:30 Lapidary (<i>Registration Required</i>) 5:30 Beehive Rock & Gem Club</p>
<p>28</p> <p>9-4 Sewing 10:30-1:30 Pottery Open Studio 12:30 BINGO 1-4 American Western Mahjong 2-7:30 Pickleball (<i>all levels</i>) 4-8 Lapidary (open lab)</p>	<p>29</p> <p>9-11 Crochet/Knitting group 10-2 Open Art Studio 10:30 Coffee Talk w/ Byron 3:00 Balance & Fitness 3:30 Chair Yoga 4-8 Lapidary (<i>Registration Required</i>)</p>

October 2024

Wednesday	Thursday	Friday
<p>2 10-11 Vet's Group 10-12:30 Community Health Fair! <u>10:30-11:30 Basic Sign Language Class</u> 11:30-4:00 Duplicate Bridge 12:30-4 Dominoes 12:30 BINGO 5-8 Silversmithing (Open Studio) <u>6-7:30 Grief Class</u> 6-7:30 Ukulele (1st & 3rd Wed.)</p>	<p>3 9:30 Lotería (Spanish BINGO) 10-2 Open Art Studio 12-4 Pinochle 12:30-4 Newcomers Bridge (1st & 3rd) <u>12:30-2 Grief Class</u> 1:30 Legal Services (by appt) 3:00 Balance & Fitness 3:30 Chair Yoga 5-8 Silversmithing (Registration Req) 6-8 Diamond Squares</p>	<p>4 9-11 Pickleball– 30th & Monroe 9-11 Crochet/Knitting group 9-4 Sewing 10-11:30 Line Dancing (Intermediate) 10:30-1:30 Pottery Open Studio 2-4 Pottery (Registration required)</p>
<p>9 9:30 BINGO 10-11 Vet's Group <u>10:30-11:30 Basic Sign Language Class</u> 10:30–4 Dominoes 11-1 Haircuts (by appt) 11:30-4:00 Duplicate Bridge <u>6-7:30 Grief Class</u> 5-8 Silversmithing (Open Studio) 7-9 Guitar Jammers</p>	<p>10 10-2 Open Art Studio 10-3 Podiatry (By appt) <u>11:30 Medicare Presentation</u> 12-4 Pinochle <u>12:30-2 Grief Class</u> 1:30 Legal Services (by appt) 3:00 Balance & Fitness 3:30 Chair Yoga 5-8 Silversmithing (Registration Req) 6-8 Diamond Squares</p>	<p>11 9-11 Pickleball– 30th & Monroe <u>9:00 Chocolate Factory Field Trip</u> 9-11 Crochet/Knitting group 9-4 Sewing 10-11:30 Line Dancing (Intermediate) 10:30-1:30 Pottery Open Studio 11-4:30 Marathon Bridge (2nd) 2-4 Pottery (Registration required)</p>
<p>16 9:30 BINGO 10-11 Vet's Group <u>10:30-11:30 Basic Sign Language Class</u> 10:30-4 Dominoes <u>11:30 Presentation</u> 11:30-4:00 Duplicate Bridge No Silversmithing <u>6-7:30 Grief Class</u> 6-7:30 Ukulele (1st & 3rd Wed.)</p>	<p>17 10-2 Open Art Studio 12-4 Pinochle <u>12:30-2 Grief Class</u> 12:30-4 Newcomers Bridge (1st & 3rd) 3:00 Balance & Fitness 3:30 Chair Yoga 5-8 Silversmithing (Registration Req) 6-8 Diamond Squares</p>	<p>18 9-11 Pickleball– 30th & Monroe 10:00 Pie & Paint– Halloween Picture 9-11 Crochet/Knitting group 9-4 Sewing 10-11:30 Line Dancing (Intermediate) 10:30-1:30 Pottery Open Studio 12:30-1:30 Lotería (Spanish BINGO) 2-4 Pottery (Registration required)</p>
<p>23 9:30 BINGO 10:00 Hiking @ 22nd Street Trailhead 10-11 Vet's Group <u>10:30-11:30 Basic Sign Language Class</u> 10:30-4 Dominoes 11-2 Haircuts (by appt) 11:30-4:00 Duplicate Bridge 5-8 Silversmithing (Open Studio) 7-9 Guitar Jammers</p>	<p>24 10-2 Open Art Studio 12-4 Pinochle <u>12:30-2 Grief Class</u> 3:00 Balance & Fitness 3:30 Chair Yoga 5-8 Silversmithing (Open Studio) 6-8 Diamond Squares</p>	<p>25 9-11 Pickleball– 30th & Monroe 9-11 Crochet/Knitting group 9-4 Sewing 10-11:30 Line Dancing (Intermediate) 10:30-1:30 Pottery Open Studio 11-4:30 Marathon Bridge (4th) 12:30 Karaoke 2-4 Pottery (Registration required)</p>
<p>30 9:30 BINGO 10-11 Vet's Group <u>10:30-11:30 Basic Sign Language Class</u> 10:30-4 Dominoes 11:30-4:00 Duplicate Bridge 5-8 Silversmithing (Open Studio) 7-9 Guitar Jammers</p>	<p>31 Wear your costumes! 10-2 Open Art Studio 11:30 Halloween Party 12-4 Pinochle 3:00 Balance & Fitness 3:30 Chair Yoga 5-8 Silversmithing (Open Studio) 6-8 Diamond Squares</p>	<div style="border: 2px solid orange; padding: 10px;"> <p style="text-align: center;">We are looking for..... Donations for our thrift shop! We are looking for clean household items, clothes, shoes, and craft supplies. We are also looking for yarn donations for our yarn wall!</p> </div>

Visit us on our Website!

Golden Hours | Ogden, UT (ogdencity.com)

<https://ogdencity.com/325/Golden-Hours>

Lunch: Served to the Golden Hours Center by Weber Nutrition.

Monday – Friday at **11:30 am-12:30 pm**

Cost is \$7 for age 50-59.

Donation of \$4 for age 60 & up.

Must reserve 24 hours in advance: 801-629-8864

Must be a member & scan in everyday before lunch at the front desk.